

## **URS infection prevention and control policy**

**Note: Compliance with policies will be required of all persons present on premises of URS and across all treatment settings.**

**For all clinical settings URS team members must:**

- Perform a 4-point COVID-19 screening prior to every session, follow and enforce URS infection prevention and control policy for **all persons participating in each session**.
- Have the patients sign in on the URS sign-in sheet for possible contact tracing documentation.
- Report any violations or non-compliance, so it can be addressed immediately
- Be masked and faceshielded (N95 masks indoors, regular 3-ply masks outdoors) at all times except for social distanced breaks. Own cloth masks are permitted **outdoors only** if preferred by staff.
- Change regular 3-ply or cloth masks at least every 2 hours or sooner if they become wet.
- Sanitize their hands for 15 seconds prior to retrieving a new patient from the car.
- Wipe down every hard surface (toy, pens, equipment, etc.) touched by patients with a hospital grade cleaner (Biosonic or Cavicide) after each session OR placed in the “dirty” bin for later sanitization. Soft surface items will be sprayed with a Lysol aerosol spray. Please, note that it takes 2 (two) minutes for the disinfectant to fully work.
- All face shields must be wiped with alcohol & paper towel after each session
- Cloth gloves will be covered by a clean pair of disposable nitrile gloves before each session. After each session gloves will be removed using proper sterile technique and disposed of in a regular trash can.
- Sanitize their hands after each session and disinfection is complete
- Practice social distancing of 6 feet or more **at all times** unless required by treatment
- Not share food or drink to avoid possible cross contamination. Personal snacks and drinks should be kept in the car or in the labeled lunchbox.

**Note:** Act under the assumption that any person including yourself could be contagious. While general consensus is that COVID-19 is spread by air/particles, surface transfer is also possible. Please, wash your clothes immediately upon returning to your house. Take a hot shower and sanitize frequently touched surfaces in your car and any items entering your home (phone, keys, purses, totes, etc.). Avoid touching your face throughout the day and wash your hands with water and soap as soon as you are able for a minimum of 20 seconds.

### **For farm based visits:**

- Patients and guardians will remain in the car upon arrival.
- Patients and guardians will wear a mask for all interactions with URS staff.
- A designated member of URS team will retrieve a patient from the car **only after** they perform a 4 point COVID-19 screening. First the temperature of any persons entering the arena will be taken with a touchless thermometer.
  
- If temperature is normal, parent/guardian will be asked to answer these questions:
  1. Have you or any member of your household traveled outside of Maryland in the last 14 days?
    - If yes, has the person who traveled tested negative for COVID-19 post travel?
  2. Do you have any cough, shortness of breath, loss of taste or smell, or chills?
  3. Have you been exposed to anyone exhibiting these symptoms?

If any of the above questions are answered “Yes”, the session will be cancelled and cancellation fee will be charged.

If all questions were answered “No”, patients will be asked to sanitize their hands upon exiting the car and signing their name on the sign-in sheet.

Field marked “STAFF ONLY” will be completed and initialed by the URS team member performing the screening for every patient.

**Note:** only patients under 3 years old can be accompanied to the arena by one pre-screened caregiver.

### **For home visits URS team members must:**

- Disinfect all items entering and exiting the home. Families should be encouraged to provide their own therapy aids, especially items that are difficult or impossible to sanitize (theraputty, kinetic sand, water beads, puzzles, etc.)
- COVID-19 screening may be done by phone the day of the appointment to avoid exposure and last minute cancellations.
- Enforce home visit requirements of social distancing and mask wearing by all session participants within 6ft of therapist.
- Enforce home visit requirements for a clean, dedicated therapy space



## **Unbridled Rehabilitation Services**

11419 Cronridge Drive, Suite 9, Owings Mills, MD 21117

Phone: (410) 970-2400, Fax: (410) 774-4090

[unbridledrehab.com](http://unbridledrehab.com)

### **For office based visits:**

- Patients and guardians will remain in the car and call the main office number to alert the URS team of their arrival.
- URS team members answering the call will ask 3 COVID-19 screening questions prior to admitting the patient to the office.
- During sign-in, patient's and visitor's temperature will be taken to complete the 4-point COVID-19 screening.
- Patients and visitors will wear a mask for all interactions with URS staff.
- Patients and visitors must wash or sanitize their hands after the sign-in and prior to proceeding to the treatment areas.
- Parents and guardians will be encouraged to stay in the car for the duration of treatment whenever their presence is not requested by the therapist.
- URS team members will disinfect every touched/used surface/item with hospital grade disinfectant wipes and Lysol disinfectant aerosol spray after each treatment before inviting the next patient to the office.
- UV air purifiers will be used continuously during treatment hours.

**Alert!** If patients or guardians receiving care at URS are unable to comply with any part of the above stated policy, we will not be able to provide in-person services at this time. This policy will stay in place for the duration of the pandemic and will be reassessed if CDC guidelines are changed or the state of emergency is lifted for the state of Maryland.