

Infectious Disease Control Policy 2020

Illness Policy

For the safety of other children and our staff, please do not bring your child to therapy if your child is ill. If your child is ill, please call your therapist to reschedule your appointment as soon as possible. Below are guidelines to assist you in deciding whether your child should attend the appointment in person. Televisit options are now available and highly encouraged if your child is still appropriate for this format amidst recognized illness (ex. runny nose, cough, low grade fever but still active and energetic)

PLEASE NOTE: IF A CHILD ARRIVES TO THERAPY APPOINTMENT WITH Unbridled Rehabilitation Services AND IS BELIEVED TO BE ILL AND/OR CONTAGIOUS, THE CHILD WILL BE SENT HOME IMMEDIATELY.

Children should be kept at home when they meet the following exclusion criteria:

- Rectal temperature of 101.4 or higher, ear/oral temperature of 100.4 or higher or underarm temperature of 99.4 or higher, in the past 24 hours.
- Conjunctivitis ("pink eye"), redness of the eye and/or lids, usually with yellow discharge and crusting.
- Bronchitis, which begins with hoarseness, cough, and a slight elevation in temperature. The cough may be dry and painful but gradually becomes productive.
- A rash you cannot identify which has not been diagnosed.
- Impetigo: red pimples, which become small vesicles surrounded by a reddened area. When blisters break, the surface is raw and weeping. Look for signs in neck creases, groin, underarms, face, hands, or edge of diaper.
- Diarrhea three or more times within 24 hours (watery or greenish BM's that look different and are more frequent than usual).
- Vomiting within 24 hours (more than usual "spitting up").

- A severe cold with fever, sneezing, and nose drainage.
- An unknown illness without obvious symptoms other than unusual paleness, irritability, tiredness, or lack of interest.
- A contagious disease, including COVID-19, measles, chicken pox, mumps, roseola, strep throat, etc.
- Live hair lice (same as public school policy).
- IF you or your child have been in contact with any one (family member or other) that has been sick or displaying symptoms of possible illness (ie cough, runny nose, fever, diarrhea).

When a Child Can Return After an Illness:

Usually a child can return to the clinic under any of these circumstances.

- The child's has been fever free for 24 hours. (UNDER COVID CRISIS - if child has had a fever, must have documented negative results for COVID and have been cleared by physician to return)
- The child has been diagnosed as having a bacterial infection and has been on an antibiotic for 24 hours.
- It has been 24 hours since the last episode of vomiting or diarrhea.
- The nasal discharge is not thick, yellow or green.
- Eyes are no longer discharging or the condition has been treated with an antibiotic for 24 hours.
- The rash has subsided or a physician has determined that the rash is not contagious.

While we understand the inconvenience caused by strict adherence to these guidelines, our concern for all the children dictates a very conservative approach when dealing with health matters.